

December 2018

VERNON ROCKS COALITION

YOUR MONTHLY NEWS AND UPDATES



HAPPIEST OF HOLIDAYS

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From the Vernon ROCKS Coalition

The Vernon ROCKS Coalition wishes you and your family Happy Holidays, and wants to inform you about what we have been working on to make the community a **healthier, safer and drug free town!** Check out our website for more information!!

[Visit our Website](#)

December is National Impaired Driving Prevention Month

This month is **National Impaired Driving Prevention Month**. Unfortunately, during this month and through the holidays drunk driving skyrockets!

According to The U.S. Department of Transportation's National Highway Traffic Safety Administration (NHTSA), in 2017 **one person was killed every 48 minute in a drunk driving crash** on our nation's roads. 885 of those deaths occurred in December last year (NHTSA).

Lets try to significantly lower that number in 2018. Parties are pre-planned, so should your ride! If you plan to drink, make sure you have a **designated sober driver** or call an Uber or Lyft to take you home. If you are the DD make sure you take it seriously!

The Vernon ROCKS Coalition hopes you have a great holiday season, just do it safely! If you would like more information on National Impaired Driving Prevention Month you can read it [here](#).



To encourage Vernon residents to never drink and drive, the RHS Peer Advocates decorated local liquor store bags with holiday themed prevention messages.

Real Talk



Remember to check out our first billboard at the corner of Loveland Hill Road and Route 83 before it's gone! The billboard reminds youth that they have a choice; they can either get home safe by not engaging in underage drinking, or risk losing their drivers license by driving under the influence. Look out for our next billboard that will go up right before the New Year!

The youth have been presenting the campaign to town officials, on the 10th they presented to the Board of Ed and on the 18th they spoke at the town council! We are so proud of them and are very excited to get our message out via the billboard, posters, and more!

Check out the [REAL TALK WEBSITE](#), which is now available to provide youth and parents talking points to discuss the dangers of underage drinking. It details the reasons why teens drink, facts about alcohol, tips for talking and preventative strategies!

Resources for Treatment

If you or a loved one needs any help with substance abuse follow the link which provides a comprehensive list of local inpatient and outpatient treatment facilities. [Get Help](#)

If you are interested in becoming more involved with the Vernon ROCKS Coalition we are always looking for more members. You can join by visiting our website!

[Visit our Website](#)



If you are aware of an underage party or illegal activity follow the link and submit the anonymous form below, and the Vernon ROCKS Coalition will work with the Vernon Police Department to prevent or stop the activity.

[Report it Here](#)