

# VERNON ROCKS COALITION

## Happy Holidays From the Coalition

"People working together in a strong community with a shared goal and a common purpose can make the impossible possible." - Tom Vilsack

Visit our Website

### National Impaired Driving Prevention Month



DON'T DRIVE IF YOU  
ARE TIPSY, BUZZED, OR  
BLITZEN

December is devoted to preventing **3D** (*drinking, drugged, and distracted*) **driving**. During this season remember to celebrate safely by never driving impaired.

According to [youth.gov](http://youth.gov), in an average year, **30 million Americans drive drunk**, and 10 million Americans drive impaired by illicit drugs. During the month of December this rises exponentially.

We can significantly decrease that number. Parties are pre-planned, so should your ride!

If you plan to drink, make sure you have a **designated sober driver** or call an Uber or Lyft to take you home. If you are the DD make sure you take it seriously!



In an effort to decrease impaired driving, the coalition teams up with RHS's Peer Advocates to make custom decorated package store bags (pictured to the left) that display prevention messaging, reminding alcohol consumers to do so responsibly.

The Vernon ROCKS Coalition hopes you have a great and safe holiday season and start 2020 off right!

### Third Annual Community Basketball Tournament

On November 15, 2019, the coalition held its Third Annual Community Basketball Tournament. We started this tournament back in 2017 to promote the healthier alternatives for youth to partake in, like basketball, as opposed to partying or

using substances on the weekends. This year was our biggest turnout yet with 45 participants.

Read more about it [HERE!](#)

Pictured to the right: Students and the Vernon P.D. play against each other in the 3rd Annual Tournament.



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## PRIDE Data Community Presentation

The Vernon ROCKS Presents

### 2018-2019 Rockville High School PRIDE Survey Results



12/05/2019

The **2018-2019 Rockville High School PRIDE survey results** were presented to the community on December 5th, 2019.

Members of Real Talk discussed the school's data, focusing on annual and monthly use, Protective Factors, and RHS's results compared to state and national data.

This was an informative presentation for students and parents to understand the community's **strengths** and where **improvement** could occur to enable youth to thrive and to make The Town of Vernon a better place for youth to grow up. After the results were shared, the Coalition hosted a **discussion** featuring guest speaker Barbara Walsh from the CT DPH Tobacco Control Program, and local panelists including the RHS School Resource Officer, Ofc. Josh Wells; a local pediatric cardiologist, Dr. Marmer; and the director of the North Central District Health Department, Patrice Sulik.

There was a great turnout of parents and we want to extend a Thank You to everyone who helped with this event. If you missed it you can learn more about the data and presentation [HERE](#)

## Follow Us On Social Media



If you or a loved one is having trouble with substance abuse check out the available resources in the area

If you are aware of an underage party or illegal activity follow the link and submit the anonymous form below, and the Vernon ROCKS Coalition will work with the Vernon Police Department to prevent or stop the activity.

Are you interested in becoming more involved with the Vernon ROCKS Coalition we are always looking for more members. You can join by visiting our website!

[Get Help](#)

[Report it Here](#)

[Get Involved](#)

