

November 2019

# VERNON ROCKS COALITION

## Your monthly news & updates

Visit our Website

"We cannot seek achievement for ourselves and forget about progress and prosperity for our community... Our ambitions must be broad enough to include the aspirations and needs of others, for their sakes and for our own." - Cesar Chavez

### Vernon ROCKS and Manchester CHANGE Unite to Form MVPP



Through the coalition's tremendous efforts to make a positive change in the Town of Vernon, we have been awarded a \$1.5 Million dollar federal grant which will allow us to partner with the [Manchester CHANGE Collaborative](#) to form the Manchester Vernon Prevention Partnership (MVPP). This is a huge success in the coalition's work that will allow for our efforts to continue in the towns. Read more about it [HERE](#).

### Stay Safe this "Drinksgiving"

Thanksgiving Weekend is a time to travel to visit family and friends. With thousands on the road, make it safe by having a designated driver if you plan to consume alcohol, and never drive under the influence.

The Wednesday night before Thanksgiving is one of the highest reported DUI nights in the calendar year. Often referred to as "Drinksgiving", many people overindulge in alcohol when celebrating with old friends from their hometown or family they don't often see. The Alcohol Monitoring System reports that alcohol violations are **37% higher** on Thanksgiving Eve.



Please Celebrate  
Responsibly

During this holiday season, it is important to talk to your loved ones about the dangers of drinking and driving, and underage drinking, and set expectations in the household to ensure they do not partake in this risky behavior! We

## COALITION EVENTS

### Vernon ROCKS Presents Its 3rd Annual Basketball Tournament

It is that time of year again! The Vernon ROCKS Coalition will be hosting our Third Annual Community Basketball Tournament. Students of Rockville High School will play 3 on 3 against school staff and Vernon Police Department officers. The event will take place on November 15th in the school gymnasium at 3:00 PM. To register or learn more contact Cassie at [cschend@thevillage.org](mailto:cschend@thevillage.org)

## Recent Events

### DEA NATIONAL DRUG TAKE BACK DAY



On Saturday, October 26th, 2019 the Coalition partnered with the Vernon Police Department and Walgreens to once again participate in the [Semi- Annual DEA Take Back Day](#).

Organizations across the country come together on this day to provide people with a safe and responsible way to dispose of their unused and unwanted prescription pills, preventing the possibility of misuse.

We collected a total of **144 pounds** at this event!

### BPS ANNUAL 5K RACE



Coalition member Chris Luginbuhl's Become Part of the Solution, held its 4th Annual 5K Race on October 19th.

The race is held to raise money for the program which provides support to get individuals into inpatient acute care, post inpatient rehabilitation, and post-rehabilitation housing.

Vernon ROCKS was a partner in this race and had some of our members run! Michelle Hill, our Coalition Chairperson, came in 15th overall, and Phil Bunick ran along side his granddaughter!

If you or a loved one is having trouble with substance abuse check out the available resources in the area

If you are aware of an underage party or illegal activity follow the link and submit the anonymous form below, and the Vernon ROCKS Coalition will work with the Vernon Police Department to prevent or stop the activity.

Are you are interested in becoming more involved with the Vernon ROCKS Coalition we are always looking for more members. You can join by visiting our website!

