#### **BECOME A MEMBER**

Vernon ROCKS is a collaboration of community stakeholders, parents, youth, and volunteers, whose focus is to prevent the use of drugs and alcohol in Vernon's youth by promoting protective factors and decreasing risk factors that contribute to substance use.



#### As a Vernon ROCKS member you will:

- Attend meetings to stay up-to-date on current topics and trends affecting
   Vernon youth
- Help to make decisions about strategies and activities to implement in the community
- Volunteer your time and/or resources at community events to raise awareness of the Coalition, the program and the drug use concerns that exist in our community

#### **CONTACT US:**

WWW.VERNONROCKSCT.ORG 860-471-7387 @VERNONROCKSCT



## A substance use prevention coalition







19 Elm Street Vernon, CT 06066 @VERNONROCKSCT VERNONROCKSCT.ORG

# ABOUT THE VERNON ROCKS COALITION

### **COALITION STRATEGIES**



The function of Vernon ROCKS is to be inclusive of all sectors of the Vernon community to work together to implement strategies that promote protective factors and decrease risk factors that contribute to substance use in young people. Vernon ROCKS supports:

- Prevention strategies for young people at-risk for developing substance abuse issues in hopes of delaying the onset of use and ensuring adequate and timely referral to treatment, for those identified as abusing substances.
- Creation of positive youth development opportunities and a preventive continuum of community supports and services for young people in Vernon.
- Efforts to foster collaborative partnerships among community partners, service providers, educators, faith-based organizations, parents, and youth to ensure that Vernon ROCKS addresses the needs of the entire community.
- An inclusionary process by which youth have input in the discussion on how to plan and implement meaningful and appropriate programs and activities for Vernon youth.
- Development and frequent re-assessment of a comprehensive strategic plan for addressing youth substance use, including a plan to monitor and evaluate its implementation.

#### **PRIMARY SUBSTANCE:**

**TARGET POPULATION:** 

**ALCOHOL** 

11-18 YEARS OLD

#### **TARGETED RISK FACTORS:**

Low perceived risk of harm
Low perceived parental disapproval of alcohol use

#### **AWARENESS**

By participating in and hosting community events, we raise awareness of substance abuse, risk and protective factors, and ways to prevent future abuse in Vernon's youth. Our social norms marketing campaigns are created by young people, targeting their peers and their parents.

#### **EDUCATION**

We provide education and resources about substance abuse and prevention to Vernon youth and parents through schools and other local groups and at community events.



### VERNON ROCKS

### **MISSION AND GOALS**

The mission of the Vernon ROCKS Coalition is to provide Resources & Outreach for Community Knowledge & Success to prevent youth substance abuse.

Vernon ROCKS is a collaboration of community stakeholders, parents, youth, and volunteers, whose focus is to prevent the use of drugs and alcohol in Vernon's youth by promoting protective factors and decreasing risk factors that contribute to substance

# HEALTHY ALTERNATIVES

The coalition engages with several community partners to plan drugfree, healthy alternatives for youth in Vernon, such as our Annual Basketball Tournament.

### ENFORCEMENT

#### **ACTIVITIES**

In collaboration with the police department, we implement enforcement activities, such as compliance checks, to ensure that liquor stores are not selling to minors. Additionally, the police department works with Vernon ROCKS to prevent and stop underage parties and inschool drug use.