May 2022



Read about all what the coalition has been up to this past month!



"There is a loftier ambition than merely to stand high in the world. It is to stoop down and lift mankind a little higher." —Henry van Dyke

Coalition Event Recaps



Vaping Resource Table

One of Real Talk's objectives was the help their peers quit vaping. We decided the best way to do that was provide youth with vaping cessation tools.

Items provided Include:

- Gum/Lollipops
- Stress Balls
- Tip line
- Habit Tracker
- Resources



Semi- Annual Take Back Day

On April 30th, we partnered with Walgreen's and the Vernon Police to hold our semi-annual Drug Takeback Day.

This event was a huge success, and we were able to collect **94 pounds of unused and unwanted prescription pills** that were then properly disposed of by the DEA, helping protect the water sources and prevent misuse!

If you missed the event and still have

By providing youth with cessation tools and a detailed explanation for why these are effective in quitting, we hope to empower youth to put down the vape for good. medication you wish to safely dispose of you can bring it to the Drug Drop-Box in the lobby of the Vernon Police Department!



Rockville ROCKS Community Block Party

On May 14th, The Vernon ROCKS Coalition celebrated <u>National Prevention</u> <u>Week</u> at our annual Rockville ROCKS! Community Block Party! The event was free and open to the public, with the goal of strengthening community bonds and connecting people with information and services that promote healthy mental health and reduce substance use.

We had a resource fair with over 15 vendors from organizations in the mental health and substance use field, a K-9 demonstration, drum circle, crafts and DIY sensory items, ice cream and snacks, music, Hidden in Plain Sight, a dunk tank and more!



Take Our Community Survey

The Vernon ROCKS Coalition is looking to gather more information from parents, caregivers, and adults in Vernon on attitudes and perceptions of youth substance use. This brief survey takes about 5 minutes to complete and all responses are anonymous. The information gathered from this survey will be used to help inform resources we can provide to the community. By completing this survey you're eligible to enter a raffle for a Stop and Shop gift card- please follow the link at the end of the survey!

Take The Survey!

If you or a loved one is having trouble with substance abuse check out the available resources in the area.	If you are aware of an underage party or illegal activity follow the link and submit the anonymous form below, and the Vernon ROCKS Coalition will work with the Vernon Police Department to prevent or stop the activity.	Are you interested in becoming more involved with the Vernon ROCKS Coalition? We are always looking for more members. You can join by visiting our website
Report it Here		

Website



The Village for Families & Children | 19 Elm Street, Vernon, CT 06066

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