## August 2022



Read about all what the coalition has been up to this past month!



# **Coalition Event Recaps**



## Vernon ROCKS Annual Meeting

On July 25th, we hosted our annual meeting. We reviewed our <u>annual</u> <u>report</u>, honored coalition members for their support and celebrated all the prevention work we have accomplished within the last year.

At the annual meeting we recognized our coalition member of the year, Dustin Yager, for his commitment and dedication to prevention in our



## **National Night Out**

Vernon ROCKS was out in the community on August 2nd, participating in National Night Out!

National Night Out is is an annual community-building campaign that promotes police-community partnerships and neighborhood camaraderie to make our neighborhoods safer, more caring places to live. community.

Thank you to everyone who makes our work possible through collaboration and partnerships. We look forward to another great year! Vernon ROCKS had a table at this event to spread awareness and education about youth substance use. Thank you to all the families that stopped by!

#### VERNON ROCKS UPCOMING EVENTS

LIGHTING THE WAY INTERNATIONAL OVERDOSE AWARENESS DAY

Vernon ROCKS will be hosting an event, **Lighting the Way**, in honor of International Overdose Awareness Day.

Join us to raise awareness, learn about prevention efforts in our community and how to access local resources for substance use treatment.

This event will take place on Wednesday August 31st at the Vernon Town Green (14 Park Place, Vernon Ct) at 7:30 PM, we hope to see you there!

For more information, visit our website.

FREE WORKSHOP NARCAN & SUICIDE PREVENTION TRAINING

On Monday August 29th, 2022 Vernon ROCKS will be hosting a Narcan and Suicide Prevention training.

Learn how to help someone in crisis through our free training, covering the following:

- How to prevent an overdose using Narcan.
- Recognize the warning signs of suicidal behaviors and how to ask questions, persuade and refer (QPR) to seek help.

This event will take place **August 29th**, **6:00-8:00PM** at **Oasis** (3 Elm Street, Vernon CT). For more information, visit our <u>website</u>.

There are **limited spots available**, <u>register here</u> if interested.

## We Are RECRUITING!

The Vernon ROCKS Coalition is looking to recruit members for Real Talk, the coalition's youth group If you know an RHS student who wants to be a part of something amazing and help make an impact on the Vernon community tell them about Real Talk! If there are any questions feel free to reach out.

Meet Leah!

Leah is the coalition's Prevention Program Support Specialist, leading Real Talk and our social media efforts. In May, she graduated with her Masters in Public Health and started working with the coalition in July. In her free time Leah enjoys hiking, reading and traveling. Leah says she is looking forward to working with our Real Talk members the most!



If you or a loved one is having trouble with substance abuse check out the available resources in the area. If you are aware of an underage party or illegal activity follow the link and submit the anonymous form below, and the Vernon ROCKS Coalition will work with the Vernon Police Department to prevent or stop the activity. Are you interested in becoming more involved with the Vernon ROCKS Coalition? We are always looking for more members. You can join by visiting our website

Get Involved

<u>Get Help</u>

**Report it Here** 

The Village for Families & Children | 19 Elm Street, Vernon, CT 06066

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