

APRIL 2023

VERNON ROCKS COALITION

Make sure to mark your calendars for the upcoming coalition events, read about our new projects and learn about Alcohol Awareness Month!

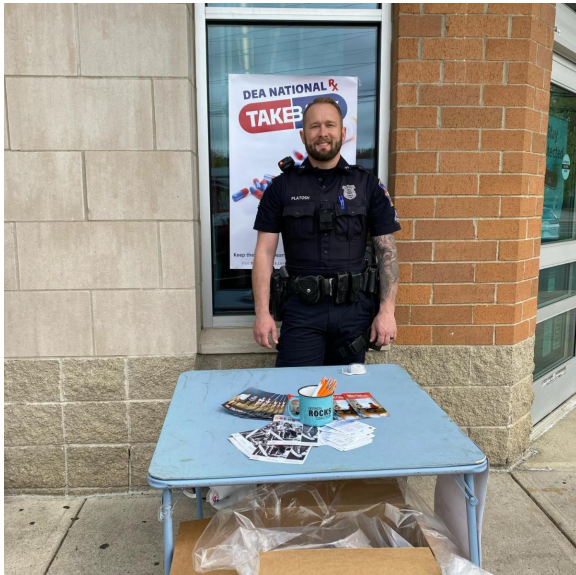
Visit our
Website



"How wonderful it is that nobody need wait a single moment before starting to improve the world"

-- Anne Frank

Community Events



On April 22nd ,2023 we partnered with Walgreens in Rockville and the Vernon Police Department to hold our semi-annual Drug Takeback Day. This event was extremely successful, we were able to collect 44.4 pounds of unwanted and unused prescription medication that were then properly disposed of by the DEA.

If you missed the event and still have medication you wish to safely dispose of you can bring it to the Drug Drop-Box in the lobby of the Vernon Police Department.

Vernon Community Meet & Greet

Come visit us at the Rockville Public Library on April 27th at 6pm for the Vernon community meet and greet. Learn about the Vernon community and local organizations! For more information on this event, click [here](#).

Happy Prom RHS Students!

We hope that all Rockville High School prom attendees have a fun and safe night!



Celebrate the end of a successful ending to the school year by making smart, substance-free decisions!

Social Host Law Marketing Campaign!

Over the last few months, the Vernon ROCKS Coalition has been working on creating a social marketing campaign about the [Social Host Law](#). Keep an eye out throughout Vernon to see the campaign! For more on this campaign check out our social media and our [website](#).



Alcohol Awareness Month

April is Alcohol Awareness Month, with the goal of increasing public awareness and understanding of the causes and treatment of alcohol use disorders.

Despite alcohol being the third leading cause of preventable death in the United States, with approximately 95,000 Americans dying from alcohol-related causes each year, alcohol remains the most commonly consumed substance among both youth and adults. According to the National Institute of Health's 2020 Monitoring the Future Survey, 55.3 % of high school seniors drank alcohol in the past year.



Individuals who consume significant amounts of alcohol increase their risk of injury, violence, liver disease, and some forms of cancer, as well as having major consequences in their relationships and social life.

Alcohol Use Disorder can affect anybody, regardless of demographics. Youth should not drink; therefore, have open and honest conversations with them about how and why they should avoid alcohol; visit [REAL TALK](#) for talking tips, and if you or someone you know is struggling with problem drinking, visit our [Get Help](#) page for more information on local services and support groups.

APRIL IS



Alcohol Awareness Month

TIPS FOR HAVING CONVERSATIONS WITH YOUR LOVED ONES ABOUT UNDERAGE DRINKING



TALKING TIPS:

1. GIVE THEM THE FACTS: 89% OF MANCHESTER STUDENTS AND 76% OF VERNON STUDENTS DO NOT DRINK
2. TALK WITH THEM, NOT AT THEM - REMEMBER, IT'S A CONVERSATION, NOT A LECTURE



TALKING TIPS:

3. HELP THEM BRAINSTORM WAYS TO SAY "NO" IN SOCIAL SITUATION
4. REMIND THEM THAT YOU CARE ABOUT THEM AND JUST WANT THEM TO BE SAFE



If you or a loved one is having trouble with substance abuse check out the available resources in the area.

[Get Help](#)

If you are aware of an underage party or illegal activity follow the link and submit the anonymous form below, and the Vernon ROCKS Coalition will work with the Vernon Police Department to prevent or stop the activity.

[Report it Here](#)

Are you interested in becoming more involved with the Vernon ROCKS Coalition? We are always looking for more members. You can join by visiting our website

[Get Involved](#)

[The Vernon ROCKS Coalition](#)

The Village for Families & Children | 19 Elm Street, Vernon, CT 06066

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